Approach to extreme ultraviolet supercontinuum in a two-color laser field

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In recent years, it has been shown that an intense few-cycle driving pulse combined with a weak control pulse could efficiently extend the harmonic spectrum in the generation of high-order harmonics (HHG). In this paper, we adjust the intensities of the driving and control pulse to generate broader extreme ultraviolet (XUV) supercontinuum. We find that in some special situation when the intensity of the control pulse equals to that of the driving pulse, a clean supercontinuum as long as 80 eV can be realized and a 53-as pulse can be straightforwardly obtained.

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1. Introduction

As we know, the vibrational oscillation period in hydrogen is about 7 femtoseconds (fs), and the Bohr-orbit time in hydrogen of the ground state is about 152 attoseconds (as). For the purpose of detecting and controlling the electronic dynamics inside atoms, an isolated attosecond pulse is an important tool. Currently, high-order harmonic generation from a few-cycle driving pulse [1] and temporal confinement of the HHG by polarization-gating [2] provide two ways to gain ultrafast XUV pulses. For the first approach, the more significantly the electric field amplitude varies from one half-optical cycle to the next, the higher the corresponding kinetic energy of an electron returning to its parent ion compared with that of other half-optical cycles in the few-cycle field [3], the maximum kinetic energy adding the ionization potential of the atom comes to the cutoff photon energy. The difference between the highest and the second highest cutoff photon energy (cutoff region) of different half-optical cycles is proportional to the bandwidth of the XUV supercontinuum [4] which could support an isolated attosecond pulse. In recent years, theoretical simulations show that two-color laser fields could efficiently modulate the kinetic energy of the active electron [5] and broaden the XUV supercontinuum because the difference between the highest and the second highest cutoff photon energy of different half-optical cycles could be enlarged by superimposing a second-harmonic wave onto the driving pulse [6,7]. A few-cycle-800 nm pulse supports harmonic spectrum with a clean cutoff region and usually acts as the driving pulse. A weak control pulse is introduced to select a certain quantum path and restrain others of the driving pulse while remain the feature of the harmonic spectrum. In this paper, we ignore all quantum paths of the driving pulse and optimize the intensities of the driving and control pulse to gain the desired HHG spectrum with a clean and long cutoff region.

2. Optimizing method

In order to demonstrate our scheme, we first investigate the HHG process in terms of the semiclassical three-step model, which presents a clear physical picture. In our simulation, a 6 fs–800 nm pulse serves as the driving pulse. The synthesized two-color field is expressed as [8]

$$E_\lambda = E_1 \exp\left(-2 \ln(2) \tau_1^2 / \tau_1^2\right) \cos(\omega_1 t) + E_2 \exp\left(-2 \ln(2) (t + t_0)^2 / \tau_2^2\right) \cos(\omega_2 (t + t_0)).$$

(1)

here, $E_1$ and $E_2$ are the amplitudes of the electric field of the driving and the control pulse respectively; $\omega_1$ and $\omega_2$ are the frequencies of
the driving and the control pulse respectively; $t_1$ and $t_2$ are the pulse durations (FWHM) of the driving and the control pulse respectively; $t_0$ defines the time delay between the driving and the control pulse. Here we set $\omega_1 = 0.057$ a.u. corresponding to 800 nm, $\omega_2 = 0.338$ a.u. corresponding to 4750 nm, $t_1 = 6$ fs, $t_2 = 36$ fs, and $t_0 = 0$ fs. We define $\beta$ as the intensity ratio between the two pulses ($\beta = E_2/E_1$).

The atom we used is helium (He) and our simulation is based on the single-active atom approximation. We adjust the intensities of the driving and the control pulse in binary system and use the simulated annealing (SA) method to optimally enlarge the difference between the highest and the second highest kinetic energy. The kinetic energy is set as $E_{\text{kin}} = \max(a_1E_1 + a_2E_2)$, where $E_1$ and $E_2$ are the intensities of the driving and the control pulse respectively; $a_1$ and $a_2$ are the pulse durations (FWHM) of the driving and the control pulse. Here we set $a_1 = 0.057$ a.u. corresponding to 800 nm, $a_2 = 0.338$ a.u. corresponding to 4750 nm, $a_1 = 6$ fs, $a_2 = 36$ fs, and $a_0 = 0$ fs. We define $s$ as the time delay between the driving and the control pulse. Here we set $x$ between the highest and the second highest kinetic energy. The kinetic energy is set as $E_{\text{kin}} = \max(a_1E_1 + a_2E_2)$, where $E_1$ and $E_2$ are the intensities of the driving and the control pulse respectively; $a_1$ and $a_2$ are the pulse durations (FWHM) of the driving and the control pulse. Here we set $a_1 = 0.057$ a.u. corresponding to 800 nm, $a_2 = 0.338$ a.u. corresponding to 4750 nm, $a_1 = 6$ fs, $a_2 = 36$ fs, and $a_0 = 0$ fs. We define $\beta$ as the intensity ratio between the two pulses ($\beta = E_2/E_1$).

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The HHG spectrums of the synthesized two-color pulse are shown in Fig. 2a (black line for $\beta = 0$, gray line for $\beta = 0.5$, light gray line for $\beta = 1$, blue line for $\beta = 2$, green line for $\beta = 3$, and the maximum of the cutoff region is about 3.2$\U{201A}$. With higher intensity or lower frequency, the electron will gain more energy. For a two-color pulse, the classical velocity $v$ of the electron is

$$v = -\frac{\int |E_1(t) + E_2(t)| dt}{3.2\U{201A}}$$

(2)
The kinetic energy is

\[ E_{\text{kin}} = \frac{1}{2} (v_1 + v_2)^2 = \frac{1}{2} (v_1^2 + v_2^2 + 2v_1v_2). \]  

We believe that larger kinetic energy could be gained if \( E_1(t) \) and \( E_2(t) \) are optimized properly. In the generation of high-order harmonics, only those electrons born at time \( t_b \) and return to the parent ions at time \( t \) in the same position will emit HHG. Here \( t_b \) and \( t \) satisfy the equation:

\[
\int_{t_b}^{t} \left( \int_{t_b}^{t} E_i(t') dt' \right) dt = 0.
\]  

Each pair of \( t_b \) and \( t \) which is related to \( E_i(t) \) by Eq. (4) defines a quantum path. The sketches of electron dynamics for \( \beta = 0, E_1 = 0 \) and \( \beta = 1 \) are shown in Fig. 3a, c and e respectively and time–frequency analyses of the XUV spectra for \( \beta = 0, E_1 = 0 \) and \( \beta = 1 \) are shown in Fig. 3b, d and f respectively. For \( \beta = 0 \) (Fig. 3a) and \( E_1 = 0 \) (Fig. 3c), the electron forms three dominant quantum paths marked as R1, R2, R3 (corresponding to the middle three peaks in Fig. 3b) and S1, S2 (corresponding to the peak in Fig. 3d), S3. For \( \beta = 1 \) (Fig. 3e), the shape of the electric field is markedly reconstructed and three quantum paths S1, S2 and S3 (Fig. 3c) come to T1, T2 (corresponding to the left peak in Fig. 3f) and T3 (Fig. 3e).

![Fig. 3](image-url)

Fig. 3. (a) The sketch of electron dynamics for \( \beta = 0 \). (b) Time–frequency diagram of HHG for \( \beta = 0 \). (c) The sketch of electron dynamics for \( E_1 = 0 \). (d) Time–frequency diagram of HHG for \( E_1 = 0 \). (e) The sketch of electron dynamics for \( \beta = 1 \). (f) Time–frequency diagram of HHG for \( \beta = 1 \).
When we compare Fig. 3d with Fig. 3f, we will find that in Fig. 3f the left arm (the short electron trajectory, Fig. 3d) of S2 (Fig. 3c) is enhanced while the right arm (the long electron trajectory, Fig. 3d) is restrained. As a result, we gain HHG spectrum with a small amount of spectral interference in the plateau region as shown in Fig. 2a (light gray line) and Fig. 2b (black line).

The temporal profile of the as pulse supported by the XUV supercontinuum in the range of 235–315 eV in Fig. 2a (light gray line) and Fig. 2b (black line) is calculated by a simple inverse Fourier transformation of the XUV supercontinuum, which gives out an isolated 53-as pulse without phase compensation as shown in Fig. 4a or an isolated 18-as pulse with phase compensation as shown in Fig. 4b.

If higher intensity could be achieved, such as \( I_1 + I_2 = 3.0 \times 10^{14} \text{ W/cm}^2 \) (remain the other parameters of the synthesized two-color pulse), a supercontinuum as long as 280 eV could be gained as shown in Fig. 5. The electron gains more energy in an intense electric field as Eqs. (2) and (3) have shown.

The XUV supercontinuum in the range of 600–880 eV (Fig. 5) gives out an isolated 28-as pulse without phase compensation as shown in Fig. 6a or an isolated 5-as pulse with phase compensation as shown in Fig. 6b.

Experimentally, our scheme can be carried out with a 10 mJ, 40 fs at 1 kHz Ti: sapphire laser system. The laser beam can be split into two beams: one is compressed to 6 fs pulses through a cascade filamentation compression technique, and another is used to produce 36 fs–4750 nm pulses via difference frequency generation (DFG).
4. Conclusion

In conclusion, we generate single attosecond pulses with well-chosen laser parameters. We choose a proper combine of driving and control pulse with low intensity to mostly modulate the electron dynamics and gain a desired HHG spectrum with high cutoff energy and a broadband flat supercontinuum cutoff region (80 eV) which supports a 53-as pulse with clean temporal profiles. We believe that this optimization algorithm can be applied in practice for XUV HHG and attosecond pulses.

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